

CARETAKERS IN THE LAND: A PRAYER-WALKING GUIDE

Prayer-walking is an active type of prayer where you ask and listen for insight from God and then discover what he would like you to do about it. Prayer-walking is most effective when you are hearing what God has to say about your sphere of influence.

Ask God for a territory that he wants you to pray through (your home, community, city, etc.). You can prayer-walk as often as you want until you see the Kingdom break in.

Think of prayer-walking like gardening in the land: we want to remove the things that prevent us from planting, then we want to plant good things to grow and flourish. The following outline is just a framework to get you started.

PRAY FOR PERSONAL COVERING: Begin by asking God for protection and help.

- Ephesians 6:10–18
- Ask for angelic help

TAKE OWNERSHIP: Declare your responsibility for the land.

“God, this is my _____, I take responsibility for it and will love this space and the people in it by praying here.”

OBSERVE THE NATURAL WORLD: Use your senses and ask God to illuminate your supernatural gifts.

- What’s going on around you?
- What do you see? Hear? Smell?
- What do you feel? (Note feelings of peace or fear.)
- What do you think about this place?

LISTEN / ASK: Engage your physical senses and observe what’s happening around you. Ask God for deeper insight into the spiritual realities of what’s going on and listen for his responses.

- God, how do you see this place? (What’s your heart for this land?)
- God, where are you at work in this place?
- God, help me discern the land. What do you want me to know? What shall I pray for?

WEED: Ask God for further insight as you begin to “clear” the land of the influence of the enemy. God may invite you to address defilements in the land.

- God, where has darkness prevailed?
- Apply the blood sacrifice of Jesus
- Ask God to remove evil
- What is occupying this land?
- Command / Bind the enemy

PLANT: Bless and build God’s Kingdom culture as you prayer-walk. We always have the right to do this in our spheres. See Jeremiah 1:10.

- Declare truth
- Worship
- Bless / Loosen
- Take communion
- Preach the gospel to the land

This prayer-walking outline was developed by Johanna Lohrmann.

